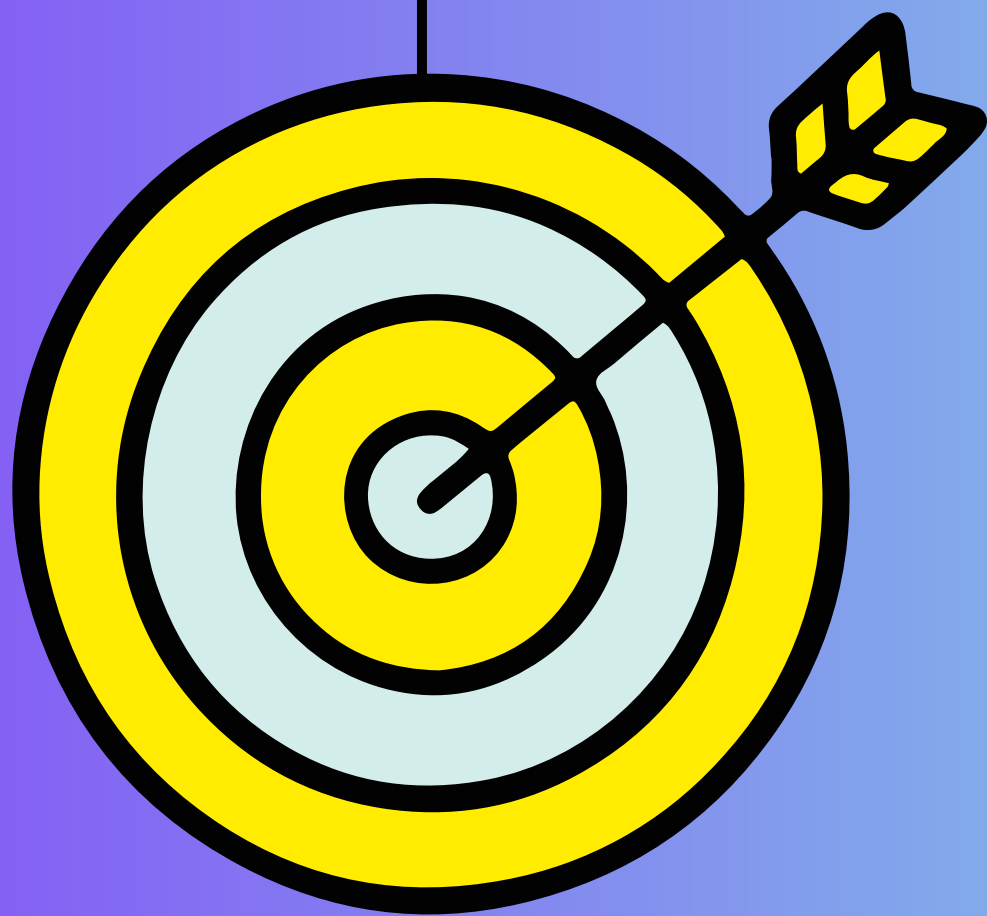


# PURPOSE

# PRIMING WORKSHEET



**DISCOVER YOUR  
PURPOSE**

LIVE INTENTIONAL

**ACHIEVE  
GREATNESS**

**DIY**  
REVIVINGHUB.COM  
**DIY**

VICTOR OLADOKUN



*Your Space for Purpose, Consistency, and Fulfilment Driven Contents.*  
**Purpose, Work and Career Category**

## Purpose Priming Worksheet

*A guided reflection tool to help you gain clarity, direction, and intentionality about your life and contribution.*

### How to Use This Worksheet

Set aside quiet, uninterrupted time. Be honest with yourself. There are no right or wrong answers—only truthful ones. Write freely and deeply. This worksheet works best when revisited periodically.

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### Section 1: Self-Awareness — Recognizing That You Matter

**1. Personal Presence** - In what ways do I believe my life matters?  
What evidence do I see that my existence is not accidental?

Write your thoughts:

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**2. Personal Responsibility** - If my life truly matters, what responsibility does that place on me?  
What areas of my life am I currently neglecting?

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### Section 2: Time Awareness — Accounting for Your 24 Hours

**3. Daily Reality Check** - How do I currently spend most of my day?  
Which activities consume my time without producing meaningful value?

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**4. Time Audit Reflection** - At the end of a typical day, what do I usually have to show for my time?  
What would a “well-spent day” look like to me?

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## Section 3: Desire & Direction — Knowing What You Want

**5. Clarity of Desire** - If distractions and fear were removed, what would I genuinely want to pursue?  
What kind of life do I deeply admire?

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**6. Direction Check** - Are my current actions moving me toward or away from the life I desire?  
What habits are reinforcing confusion instead of clarity?

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## Section 4: Capacity — What You Have to Offer

**7. Skills and Abilities** - What skills, talents, or strengths do people often notice in me?  
What comes naturally to me that others find difficult?

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**8. Resources at Hand** - What resources do I already have access to? (knowledge, relationships, tools, time) -  
How have I been underutilizing them?

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## Section 5: Emotional Signals — What Moves You

**9. Constructive Anger** - What issues or situations consistently make me angry or uncomfortable?  
What injustices do I wish someone would fix?

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**10. Meaningful Joy** - What activities make me lose track of time? - What problems do I enjoy solving, even  
when it's difficult?

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## Section 6: Purpose Framing — Why You Are Here

**11. Personal Calling** - If my life were to serve one main purpose, what would it be?  
Who benefits most if live intentionally?

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**12. Contextual Purpose;** Reflect briefly on your role: - In my family, my purpose is:

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• In my community or city, my purpose is:

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• In the world at large, my purpose may be:

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## Section 7: Action Priming — Moving from Insight to Motion

**13. First Meaningful Action** - What is one small but concrete step I can take in the next 5 minutes?

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**14. Distraction Elimination** - What must I reduce or remove to create space for purpose?

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**15. Commitment Statement;** Complete this sentence:

*I commit to living with greater intentionality by starting with \_\_\_\_\_*

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Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Closing Reflection

*"Forgetting what is behind and straining toward what is ahead." Paul, the Apostle.*

I may not fully understand everything about you—your past, your experiences, or the circumstances that have shaped you as an individual—but I need you to know this: what you are meant to become is not behind you, and it is not waiting somewhere in the distant future. It is here with you. It is within you.

Your becoming is shaped by what you do today—by today's choices, today's actions, and today's understanding of your purpose.

The clarity you gain now is what you will build your vision of the future around. Purpose does not emerge by accident; it unfolds through awareness and intentional living.

Hold this worksheet closely. Print it, return to it often, and revisit it whenever clarity begins to fade. Purpose grows clearer through reflection, deep honesty, and consistent action.